

MINDFULNESS COACHING DISCLAIMER

Mindfulness teaching and coaching are not substitutes for traditional medical treatments. If you have a serious health problem or imbalance, please see a Medical Doctor or other appropriate professional. The information and coaching Dr. Stultz provides is intended to be helpful information on the subjects / areas he discusses. It should not be used to diagnose or treat any medical or psychological condition. For diagnosis or treatment of any medical condition, consult your own physician. Dr. Stultz is not responsible for any specific health or allergy needs that may require medical supervision or treatment. In addition, he is not liable for any damages or negative consequences from any treatment, action, or application to any person subscribing to the information or insights he discusses.

Please note that I don't make any guarantees about the results of the information applied. I share educational and informational resources that are intended to help you succeed in your coaching. You nevertheless need to know that your ultimate success or failure will be the result of your own efforts, your particular situation, and innumerable other circumstances beyond my knowledge and control.

I understand that my Coach will protect my information as confidential unless I state otherwise in writing. If I report child, elder abuse or neglect or threaten to harm myself or someone else, I understand that necessary actions will be taken and my confidentiality agreement limited in this capacity. Furthermore, if my Coach is ordered by a court to provide information or to testify, he will do so to the extent the law requires.

I understand that the use of technology is not always secure, and I accept the risks of confidentiality in the use of email, text, phone, Zoom and other technology.

Name _____ Date _____

NOTE: This form must be signed and sent to your counselor prior to your first session.